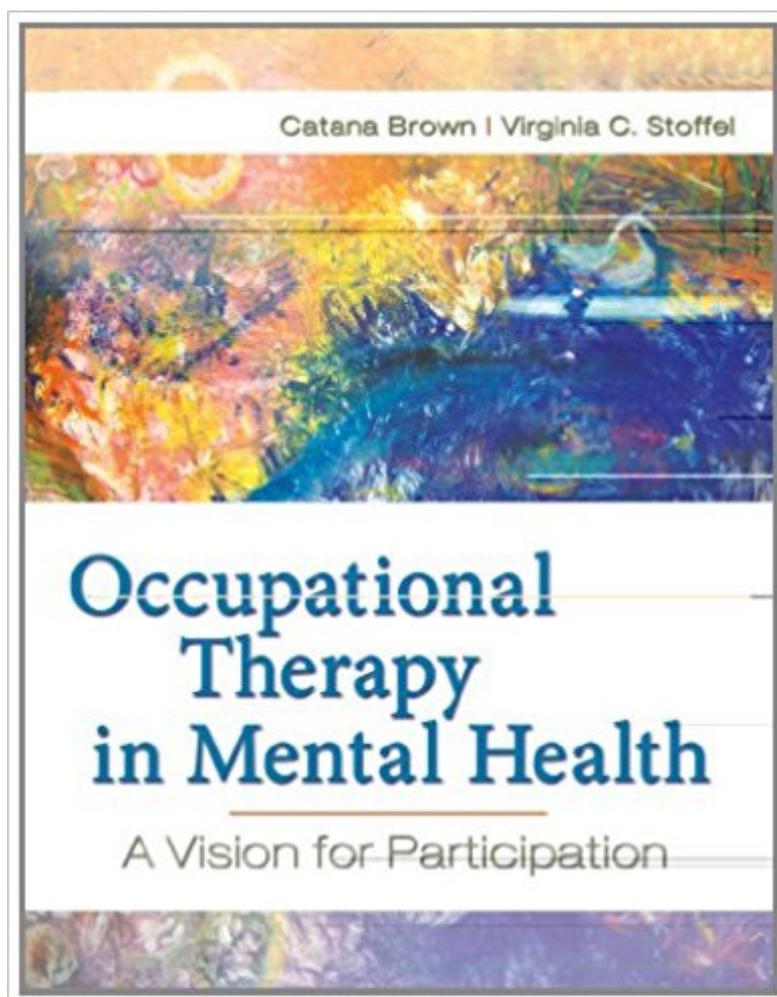


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# Occupational Therapy In Mental Health: A Vision For Participation



## Synopsis

“This is a text we have all been waiting for! I can’t help but think that our earlier leaders in mental health—Dr. Adolph Meyer, Dr. William Dutton, and Eleanor Clark Slagle, to name a few—who knew the power of occupation and stressed the importance of engagement in an enabling environment, would be pleased to see this work come to a format that would guide clinicians to make a difference in the everyday lives of people with mental challenges that require the skills of an occupational therapist.”  
—Carolyn M. Baum, PhD, OTR/L, FAOTA Past President American Occupational Therapy Association (2004 to 2007)

**Foreword** This Client-centered, recovery-oriented text gives voice to the lived experience of mental illness across the life span. You will be guided through the assessment and interventions of individuals with mental health conditions and those whose life circumstances generate significant challenges to their participation in valued activities.

## Book Information

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## Customer Reviews

Many of the chapters of this book are much longer than necessary. A 50-page chapter in this book covers the amount of material that you would expect in 25 pages. Overall, this book is very useful for learning foundational information about OT in mental health, however, does not really work well when referring to it for clinical work.

I got this book in particular for the chapters on mental health OT and employment. The two chapters

I read give comprehensive information on benefits counseling, the Americans with Disabilities Act, assessment in work settings, relationships with employers and the various roles OTs can play with community based partners in provision of work related services. The chapters cover reasonable accommodations and aspects of Social Security which affect clients' motivation to work. The authors are the prominent in the field. I do think the two chapters on work for mental health clients are light on descriptions of actual clinical services and interventions that don't relate to benefits issues and assessment. The rest of the chapters are authored by some exceedingly prominent OTs. And I have to say that this is physically the largest and heaviest textbook I have ever seen, so be ready for some weight lifting.

This book covers all aspects of mental health in the OT world. The one thing that I really like about it was the number of assessment tool recommendations to help you with your treatment plan. It also fills in the blanks for those pesky questions about what some OTs are using in the field. If you get this book, you will probably also want to get the DSM-V to assist you in understanding diagnoses in a more in depth way. The book is rather large and hard cover.

The 2011 "Occupational Therapy in Mental Health" by Catana Brown and Virginia C. Stoffel is a well organized teaching and learning text with a comprehensive view of how the broad discipline and practices of Occupational Therapy in Mental Health provide an effective structure to learn how to support persons with mental health issue cope with daily life expectations and possibilities. Since 1968 I have supported Woodley House (see the text at page 478) established in Washington, DC in 1958 by Joan Doniger, who with her co director, Edith Maeda, both occupational therapists trained at the University of Illinois, having separately worked with Bettelheim and Redl at NIH, connected through their professor, Dee Wade, joined to develop and staff "one of the earliest halfway houses described in the literature". I have witnessed how their comprehensive, O.T. inspired strategies behind the structure of the Woodley House Programs helped to develop a supportive environment that encouraged its users to pursue satisfying occupations and relationships, improved living skills and more comfortable ego strengths that continued for years after leaving Woodley House.

Easy to read, understand, and follow. The same reason my professor said she has chosen this text for the class.

I was very pleased with the efficiency and timeliness of the ordering process. The notifications at

each step of the process were helpful.

This book is must have, the chapters are concise and easy to understand! Overall, good book to refer to when studying or as a refresher!

My wife had to have it for class, and was what she needed, when she needed it, condition as advertised

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